

Paraddidles with changing hands

1 R L R R L R L L 2 L R R L R L L R

3 R R L R L L R L 4 R L R L L R L R

5 L R L L R L R R 6 R L L R L R R L

7 L L R L R R L R 8 L R L R R L R L

Detailed description: The image shows eight numbered paraddiddle exercises for a drum set in 2/4 time. Each exercise is written on a single staff with a treble clef. Exercises 1-4 are for the right hand, and exercises 5-8 are for the left hand. Each exercise consists of two measures of eighth notes. Above each measure, the hand used for each note is indicated by 'R' (right) or 'L' (left). A double bar line separates the two measures of each exercise. Below each exercise, there is a rest symbol (an 'X' with a vertical line) in the opposite hand, indicating that the other hand is silent during that exercise.